

CHB

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Jane Henney, M.D.
Commissioner
Food & Drug Administration
5600 Fishers Ln., Room 1471
Rockville, Md. 20857

August 4, 1999

Dear Doctor Henney:

Since the courts have decided that the censorship of the nutritional supplement industry was both illegal and a violation of the constitutional guarantee of free speech, action is PAST DUE. Please consider the lives lost as our government's bureaucracy crawls along before letting consumers know about products that could save their life or that of a loved one. It is time the public gets HONEST labeling on supplements just as on foods.

Please approve PROMPTLY the true claims (many of which have been known for years) :

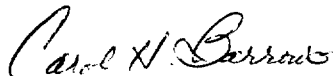
1. For saw palmetto reducing symptoms of benign prostatic hyperplasia.
2. For psyllium seed husks to be used as dietary fiber to reduce the risk of heart disease.
3. For folic acid, Vitamins B6 & B12 to reduce cardiovascular disease.
4. For supplemental Vitamin E in prevention of cardiovascular disease.

Honesty in these few areas could not only save numerous lives, but save millions of dollars in our already inflated health care costs. The only way this country is going to have people able to afford health care, is to put the emphasis on PREVENTION.

Since I studied nutrition years ago, I have had to change my mind about many things. But MOST of all, that we CANNOT get adequate nutrition by just eating wisely.... that is not adequate for the PREVENTION of many illnesses that can be avoided. The evidence has now long been in, and yet people are still confused. Please help educate consumers with HONESTY !

I believe that with your help fellow Americans will be able to once again put their trust in their government.... that it will truly have the best interest of it's citizens as THE priority.

Sincerely,



Carol H Barrows

99P-3029

C90

CROSS FILE SHEET

File Number: 99P-3029/c90

See File Number: 99P-3030/c90

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